

This morning when I woke up, I was excited and energized about starting the day.

not true

1 2 3 4 5 6 7 8 9 10

very true

I have a solid grasp on who I am and what I want in life.

not true

1 2 3 4 5 6 7 8 9 10

very true

The life I'm living today is completely true to who I am as a person.

not true

1 2 3 4 5 6 7 8 9 10

very true

Today, I get to do what I love and what I'm talented at 100% of the time.

not true

1 2 3 4 5 6 7 8 9 10

very true

Over the past month, I've spent plenty of time with close friends who bring out the best in me.

not true

1 2 3 4 5 6 7 8 9 10

very true

I am making the impact I want to make in the world.

not true

1 2 3 4 5 6 7 8 9 10

very true

The way I express my personal style (in my clothing, my home, and other style choices) is consistent with who I am as a person.

not true

1 2 3 4 5 6 7 8 9 10

very true

I am creatively energized and fulfilled.

not true

1 2 3 4 5 6 7 8 9 10

very true

Over the past week, I have regularly nourished my body and soul with the things I need to feel taken care of.

not true

1 2 3 4 5 6 7 8 9 10

very true